

Product	Type of Price promotion	Sugar reduction category	Calorie reduction category	SDL	NPM score (if in one of the categories)		
Apple and Grape snack pack	Any 3 for £1.25	No	No	No	N/A		
Mango and Pineapple fingers	Any 3 for £1.50	No	No	No	N/A		
Apple 6 pack	Any 2 for £2.50	No	No	No	N/A		
Cashew nuts	Any 2 for £4.00	No	No	No	N/A		
Air dried apple crisps	3 for 2	No	No	No	N/A		
Grape snack pot	£3 sandwich meal deal	No	No	No	N/A		
Stir Fry Veg pack	£2.50 Stir Fry meal deal	No	No	No	N/A		
Vegetable medley	Any 3 for £4.00	No	No	No	N/A		
Chopped Shallot and Onion	3 for 2	No	No	No	N/A		
Organic Houmous	2 for £2.00	No	Prepared dips and composite salads as meal accompaniments	1 No			-1
Sweet Crisp Salad	Salad deal	No	No	No	N/A		
Butternut Squash Quinoa and Rice salad	Any 2 for £4.00	No	Prepared dips and composite salads as meal accompaniments	1 No			-4
Orange juice	2 for £2.00	Juice based drinks	1 No	No			-3
Apple juice	2 for £3.00	Juice based drinks	1 No	No			-3
Coconut Water	2 for £5.00	Juice based drinks	1 No	No			0
Apple and Elderflower juice	2 for £5.00	Juice based drinks	1 No	No			-3
Cranberry Lemonade	2 for £4.00	Juice based drinks	1 No	No			1 1
Skimmed milk	2 for £2.50	No	No	No	N/A		
Whole Milk	2 for £3.00	No	No	No	N/A		
Organic Whole Milk	2 for £3.00	No	No	No	N/A		
Flora Buttery Spread	2 for £2.50	No	No	No	N/A		
Salted Butter	2 for £3.20	No	No	No	N/A		
Lurpack spreadable	2 for £6.00	No	No	No	N/A		
Dairy free milk	3 for £3.00	No	No	No			1 1
Cinnamon Swirl dough pack	2 for £3.00	Cakes	1 No	No			21 1
Alpro Soya Chocolate Milk	3 for £3.00	No	No	No			-1
Galaxy Chocolate thick shake	2 for £2.00	Milk based drinks	1 No	No			0
Dairylee Lunchables Chicken and Cheese	2 for £2.00	No	Crisps and savoury snacks	1 No			14 1
Cheddar Cheese	2 for £3.00	No	No	No	N/A		
Cheddar Oat Biscuits	2 for £2.00	No	Crisps and savoury snacks	1 No			26 1
Muller Corner Fruit Yoghurt	2 for £5.00	Yoghurts	1 No	No			3
Petit Filous Apricot and Strawberry	2 for £2.00	Yoghurts	1 No	No			1
Milk Buttons Chocolate Desert	6 for £4.00	Yoghurts	1 No	No			17 1
Turkish Delight Yoghurt	12 for £3.00	Yoghurts	1 No	No			-1
Activa Cherry Yoghurt	2 for £3.00	Yoghurts	1 No	No			0
Suckles Strawberry Yoghurt	3 for £2.00	Yoghurts	1 No	No			1
Chocolate Mousse	3 for £2.00	Puddings	1 No	No			18 1
Arta Strawberry Yoghurt	3 for £3.00	Yoghurts	1 No	No			-4
Milky Bar White Chocolate Desert	2 for £2.00	Puddings	1 No	No			12 1
Coconut Yoghurt	2 for £2.00	Yoghurts	1 No	No			-1
Caramel Pots of Joy	2 for £3.00	Puddings	1 No	No			14 1
Actimel Blueberry Yoghurt Drinks	2 for £4.00	Milk based drink	1 No	No			1 1
Muller Rice Raspberry and Apple Dessert	2 for £5.00	Puddings	1 No	No			3
Lemon Meringue Mouse	2 for £2.00	Puddings	1 No	No			5 1
Benecol Blueberry Yoghurt drink	2 for £6.50	Milk based drink	1 No	No			0
Yoghurt Smoothie Strawberry and Banana	2 for £3.00	Milk based drink	1 No	No			1 1
Fat Free Garden Fruits Yoghurt	2 for £4.00	Yoghurts	1 No	No			-2
Granola and Sunflower Seeds Yoghurt	3 for £1.50	Yoghurts	1 No	No			2
Chocolate Éclair	2 for £2.00	Puddings	1 No	No			16 1
Gooseberry Fruit Fool	2 for £1.00	Yoghurts	1 No	No			13 1

Chocolate Brownie Sundae	2 for £1.80	Puddings	1	No					11	1
Apple Crumble	2 for £3.00	Puddings	1	No		No			4	1
Custard Belgian Milk Chocolate	7 for £3.00	Puddings	1	No		No			5	1
Gu Chocolate and Toffee Mousse	2 for £2.50	Puddings	1	No		No			18	1
Ambrosia Deserts Chocolate Fudge	5 for £3.00	Puddings	1	No		No			4	1
Raspberry Royale Deserts	2 for £3.00	Puddings	1	No		No			7	1
Finest Salted Caramel Desert	Finest Meal Deal	Puddings	1	No		No			20	1
British Beef Steak Burgers	2 for £5.00	No		Meat products		1	No		4	1
Hunters Chicken Breasts	2 for £6.00	No		Ready meals and meal centres		1	No		2	
Chicken Sausages	2 for £3.00	No		Meat products		1	No		3	
Breaded Chicken Goujons	3 for £10.00	No		Ready meals and meal centres		1	No		1	
Large seafood stick	3 for £1.00	No		Ready meals and meal centres		1	No		4	1
Crumbed Ham slices	2 for £3.00	No		No		No	N/A			
Egg Mayonnaise Sandwich Filler	2 for £2.50	No		Egg products / dishes		1	No		1	
Smoked Bacon Strips	2 for £5.00	No		No		No	N/A			
Continental Meat Platter	3 for £6.00	No		No		No	N/A			
6 Sausage Rolls	2 for £2.50	No		Pies		1	No		12	1
Pork Pies	2 for £3.00	No		Pies		1	No		15	1
Chicken and Mushroom Slices	2 for £3.00	No		Pies		1	No		8	1
Chicken and Bacon Puff Pastry Pie (500g)	2 for £5.00	No		Pies		1	No		4	1
Chicken and Bacon Puff Pastry Pie (200g)	2 for £2.50	No		Pies		1	No		2	
Pizza Express American Pizza	2 for £8.00	No		Pizza		1	No		11	1
Cheese and Tomato Capelletti	2 for £2.50	No		Pasta/rice/noodles		1	No		-4	
Cheese and Garlic Butter Baguette	2 for £2.50	No		Bread with additions		1	No		11	1
Ham and Pineapple Pizza	3 for £5.00	No		Pizza		1	No		3	
BBQ Chicken Bonanza Pizza	£10 Pizza Meal Deal	No		Pizza		1	No		12	1
Rustlers Deluxe Bacon and Cheese Burger	3 for £5.00	No		Ready meals and meal centres		1	No		14	1
Annabel Kamel Cottage Pie	2 for £4.00	No		Ready meals and meal centres		1	No		0	
Tesco Chicken Roast Dinner	3 for £6.00	No		Ready meals and meal centres		1	No		-6	
Quorn Vegan 2 5 Grain Fillet	3 for £6.00	No		Ready meals and meal centres		1	No		-4	
Beef Casserole with Dumplings	2 for £3.00	No		Ready meals and meal centres		1	No		1	
Egg fried rice	2 for £3.00	No		Ready meals and meal centres		1	No		-2	
Bol Coconut Curry	2 for £5.00	No		Ready meals and meal centres		1	No		-7	
Free From Beef Lasagna	2 for £5.00	No		Ready meals and meal centres		1	No		0	
Tex Mex BBQ pulled pork	2 for £6.00	No		Ready meals and meal centres		1	No		1	
Cod and Crab Gratin	2 for £6.00	No		Ready meals and meal centres		1	No		-2	
Cooked and Peeled Prawns	2 for £7.00	No		No		No	N/A			
Alpro Coconut Desert	2 for £3.00	Puddings	1	No		No			1	
Chickpeas	4 for £1.00	No		No		No	N/A			
N-Gine Energy Drink Blue	4 for £1.00	No		No		Yes	1		2	1
American Style Root Beer	3 for £1.00	No		No		Yes	1		1	1
Bebe Herbatniki	5 for 65p	Biscuits	1	No		No			20	1
Chakki Roti	2 for £1.50	No		No		No	N/A			
KA Black Grape	3 for £1.00	No		No		No			1	1
Supermalt multipack	2 for £7.00	No		No		Yes	1		0	
Cocoa Filled Croissant	3 for £1.20	Morning Goods	1	No		No			20	1
Sezamki Bar	5 for £1.10	Biscuits	1	No		No			12	1
Hot and Spicy Instant Noodles	2 for £1.00	No		Pasta/rice/noodles		1	No		5	1
Paluszki Salted Sticks	2 for £1.50	No		Crisps and savoury snacks		1	No		9	1
Cock Flavour Soup	2 for £1.00	No		No		No	N/A			
Chicken Curry Instant Noodles	3 for £1.00	No		Pasta/rice/noodles		1	No		3	

Famajine Chocolate Wafers	2 for £1.20	Biscuits	1	No		No		23	1
Winiary Mayonnaise	2 for £2.00	No		Table sauces and Dressings	1	No		17	1
Chicken Seasoning	4 for £1.00	No		No		No		14	1
Rubicon Sparkling Guava	2 for £1.00	No		No		No		1	1
Cofresh Coconut Bar	4 for £1.00	Biscuits	1	No		No		4	1
Tuna in Olive Oil	2 for £4.00	No		No		No	N/A		
Alibi Max Chocolate Bar	3 for £1.00	Chocolate Confectionary	1	No		No		28	1
Prince Polo Classic Wafer	2 for £1.00	Biscuits	1	No		No		20	1
Nacto Chana Dal	2 for £3.50	No		No		No	N/A		
Kania Ham Hot Dogs	2 for £2.50	No		Meat products	1	No		20	1
Grace Mighty Malt Drink	2 for £1.60	No		No		Yes	1	3	1
Helena Orenzada Drink	2 for £1.00	No		No		Yes	1	1	1
E Wedel Chocolate Pouch	2 for £1.00	Chocolate Confectionary	1	No		No		26	1
Rubicon Sparkling Lychee Drink	2 for £2.00	No		No		No		0	
Red Kidney Beans	2 for £4.50	No		No		No	N/A		
Cheetos Cheese Corn Snacks	2 for £2.00	No		Crisps and savoury snacks	1	No		16	1
Smak Grated Horseradish	2 for £1.00	No		Table sauces and Dressings	1	No		1	
Super Acai Vitamins Drink	2 for £1.50	No		No		Yes	1	1	1
Pamapol Flaczki W Rosole	2 for £3.00	No		Ready meals and meal centres	1	No		0	
Smak Grated Beetroot with Horseradish	2 for £1.50	No		Ready meals and meal centres	1	No		-1	
Jutrzenka Jezyki Classic Biscuits	2 for £2.00	Biscuits	1	No		No		27	1
Pamapol Bigos Domowy	2 for £2.30	No		Meat products	1	No		10	1
Dunns River Ackee	2 for £8.00	No		No		No	N/A		
Chocolate plus Coconut Candies	2 for £3.00	Chocolate Confectionary	1	No		No		26	1
Hot Masala Potato Crisps	2 for £2.00	No		Crisps and savoury snacks	1	No		10	1
Tiki Taki Chocolates	2 for £6.00	Chocolate Confectionary	1	No		No		2	
Ciabatta Roll	4 for £1.00	No		No		No	N/A		
Crusty White Rolls pack	2 for £1.00	No		No		No	N/A		
Cheese Topped Batton	3 for £1.00	No		Bread with additions	1	No		2	
Big Bite Cheese Rolls	2 for £1.50	No		Bread with additions	1	No		2	
Sandwich thins	2 for £1.20	No		No		No	N/A		
Folded Flatbreads	2 for £1.50	No		No		No	N/A		
Apple and Cinnamon Hot Cross Buns	2 for £2.50	Morning Goods	1	No		No		2	
Salted Caramel and Chocolate Hot Cross Buns	2 for £1.00	Morning Goods	1	No		No		6	1
Mini Gingerbread men	2 for £3.00	Cakes	1	No		No		19	1
Oreo Doughnut Pack	2 for £1.50	Cakes	1	No		No		19	1
Birds Eye Country Mix	2 for £3.00	No		No		No	N/A		
Mccain Skin on Fries	3 for £6.00	No		Potato and Vegetable Products	1	No		0	
Wild Alaskan Salmon Fillets	2 for £6.00	No		No		No	N/A		
Simply Chicken Breast Joint	2 for £6.00	No		Ready meals and meal centres	1	No		-1	
Breaded Chicken Breast Strips	2 for £3.00	No		Ready meals and meal centres	1	No		1	
Chicken EnCroute	2 for £5.00	No		Pies	1	No		14	1
Vegetable and Chicken Style Pies	3 for £4.00	No		Pies	1	No		4	1
Pork and Apple sausage rolls	2 for £3.50	No		Pies	1	No		12	1
Ham and Pineapple Pizza	3 for £4.00	No		Pizza	1	No		2	
Four Cheese Melt Pizza	2 for £4.00	No		Pizza	1	No		13	1
Chicken Club Pizzas	3 for £5.00	No		Pizza	1	No		4	1
Romano Chicken Pizza	2 for £4.00	No		Pizza	1	No		3	
Cheesy Croquettes	3 for £7.00	No		Potato and vegetable products	1	No		0	
Cheese and Courgette muffins	3 for £6.00	No		Potato and vegetable products	1	No		1	
South Indian inspired Curry Bowl	2 for £4.00	No		Ready meals and meal centres	1	No		-1	

Lamb Kofta	2 for £2.50	No		Ready meals and meal centres	1	No		10	1
Chicken Tinga	2 for £4.50	No		Ready meals and meal centres	1	No		-3	
Sage and Onion stuffing balls	2 for £2.00	No		Table sauces and dressings	1	No		1	
Cinammon Swirls	2 for £3.50	Cakes	1	No		No		16	1
Exotic Fruit Mix	3 for £5.00	No		No		No	N/A		
Caramel Vanilla Ice Cream	2 for £3.00	Ice cream, lollies and sorbet	1	No		No		12	1
Moophoria Caramel Ice Cream	2 for £6.00	Ice cream, lollies and sorbet	1	No		No		13	1
Chocolate and Raspberry Ice Cream	2 for £4.00	Ice cream, lollies and sorbet	1	No		No		19	1
Sunny Raisins	2 for £3.00	No		No		No	N/A		
Banana Chips	2 for £2.50	No		No		No	N/A		
Chia Seed Dispenser	2 for £1.00	No		No		No	N/A		
Dried Pineapple	2 for £3.50	No		No		No	N/A		
Salted Caramel Nuts	2 for £1.00	No		Crisps and savoury snacks	1	No		11	1
Fruit Flakes	2 for £3.50	No		No		No	N/A		
Caramel Almond and sea salt	2 for £2.00	Biscuits	1	No		No		12	1
Peanut Trek Chunks	2 for £2.00	Biscuits	1	No		No		11	1
Cocoa Fruit and Seed Bar	2 for £3.50	Biscuits	1	No		No		0	
Instant Belgian Chocolate Sachet	4 for £1.00	Milk based drinks	1	No		No		28	1
Taylor's Coffee Beans	2 for £6.00	No		No		No	N/A		
Lavazza Oro Beans	2 for £6.00	No		No		No	N/A		
Choco Hoops Cereal	3 for £3.00	Breakfast Cereals	1	No		No		0	
Weetos	2 for £4.00	Breakfast Cereals	1	No		No		-2	
Golden Syrup Porridge	5 for £4.00	Breakfast Cereals	1	No		No		7	1
Rolled Oats Porridge	2 for £3.00	Breakfast Cereals	1	No		No		-5	
Coco Pops	2 for £4.00	Breakfast Cereals	1	No		No		10	1
Apple and Blueberry Porridge	2 for £4.00	Breakfast Cereals	1	No		No		-1	
Protein Oats Golden Syrup	5 for £4.00	Breakfast Cereals	1	No		No		-1	
Chocolate eclairs	2 for £1.50	Chocolate Confectionary	1	No		No		26	1
Kinder Mini Treats	2 for £3.00	Chocolate Confectionary	1	No		No		28	1
Mini eggs	2 for £2.00	Chocolate Confectionary	1	No		No		24	1
Kinder Surprise Egg	2 for £3.00	Chocolate Confectionary	1	No		No		27	1
Lindt Gold Bunny	3 for £1.00	Chocolate Confectionary	1	No		No		26	1
Aero Peppermint	3 for £1.20	Chocolate Confectionary	1	No		No		26	1
Lindor Milk Chocolate Truffles	2 for £2.00	Chocolate Confectionary	1	No		No		27	1
Lindor Assorted Mini eggs	2 for £3.00	Chocolate Confectionary	1	No		No		26	1
Easter Character Lollipop	2 for £1.50	Chocolate Confectionary	1	No		No		27	1
Dark Centre Truffle	2 for £1.30	Chocolate Confectionary	1	No		No		22	1
Nachips	3 for £3.00	No		Crisps and savoury snacks	1	No		9	1
Tangfastics mini bag	6 for 50p	Sweet Confectionary	1	No		No		14	1
Strawberry Chewits	5 for £1.00	Sweet Confectionary	1	No		No		15	1
Marshmallows	3 for £1.00	Sweet Confectionary	1	No		No		14	1
Bumper Bag	2 for £1.80	Sweet Confectionary	1	No		No		20	1
Push Pop Original	2 for £1.00	Sweet Confectionary	1	No		No		12	1
Tomato Puree	2 for 90p	No		No		No	N/A		
Baked Beans	4 for £2.00	No		No		No	N/A		
Carrots in water	3 for £1.00	No		No		No	N/A		
Green lentils in water	2 for £1.00	No		No		No	N/A		
Branston Baked Beans	3 for £1.00	No		No		No	N/A		
Marrowfat Processed Peas	2 for 75p	No		No		No	N/A		
Beef Broth Soup	6 for £4.00	No		No		No	N/A		
Beef and Vegetable soup	2 for £2.00	No		No		No	N/A		

Super Rice Golden	3 for £2.00	No		Pasta/rice/noodles	1	No		-1
Pot Noodle beef and tomato	2 for £2.00	No		Pasta/rice/noodles	1	No		2
Baked Beans in BBQ sauce	2 for £1.30	No		No		No	N/A	
Chicken Broth Soup	4 for £3.00	No		No		No	N/A	
Passata with Basil	2 for £1.20	No		No		No	N/A	
Baked Beans with Sausage	2 for £1.50	No		Meat products	1	No		-3
Apricot Halves in Syrup	2 for £1.60	Puddings	1	No		No		2
Canelenni Beans	2 for £1.30	No		No		No	N/A	
Beef and Tomato Cup a Soup	5 for £3.00	No		No		No	N/A	
Tomato Puree with Chilli	2 for £1.00	No		No		No	N/A	
Tuna Salad	2 for £3.50	No		Prepared dips and salads as meal accompaniment	1	No		-3
Salmon Sweet Chilli	2 for £2.50	No		Ready meals and meal centres	1	No		5
Soba instant noodles	2 for £2.00	No		Pasta/rice/noodles	1	No		17
Tomato Risotto	2 for £1.50	No		Pasta/rice/noodles	1	No		0
Cheese and Broccoli Pasta	2 for £2.00	No		Pasta/rice/noodles	1	No		1
Mackrel in BBQ sauce	3 for £2.00	No		Ready meals and meal centres	1	No		2
Tuna infusions Chipotle	2 for £2.50	No		Ready meals and meal centres	1	No		2
Beef Pho Noodles	2 for £3.00	No		Pasta/rice/noodles	1	No		0
Mix for Cheddar Cheese Sauce	2 for £1.00	No		Cooking sauces and pastes	1	No		15
Slow Cooker BBQ Pulled Pork	4 for £2.00	No		Cooking sauces and pastes	1	No		12
Mixed herbs	2 for £1.00	No		No		No	N/A	
Chilli Paste	2 for £2.50	No		Cooking sauces and pastes	1	No		4
Roast Turkey Gravy Mix	2 for £1.00	No		Cooking sauces and pastes	1	No		10
Chilli con Carne Seasoning Mix	3 for £2.00	No		Cooking sauces and pastes	1	No		12
Pesto	2 for £3.00	No		Cooking sauces and pastes	1	No		19
Thai Green Paste Pot	2 for £1.00	No		Cooking sauces and pastes	1	No		22
Black Bean Sauce	2 for £2.00	No		Cooking sauces and pastes	1	No		6
Carbonara Pasta Sauce	2 for £3.00	No		Cooking sauces and pastes	1	No		7
Bolognese Chunky Mushroom Pasta Sauce	2 for £2.50	No		Cooking sauces and pastes	1	No		-1
Bolognese Organic Pasta Sauce	2 for £4.00	No		Cooking sauces and pastes	1	No		0
Balti Sauce	2 for £3.00	No		Cooking sauces and pastes	1	No		2
Uncle Ben's Hot Chilli Sauce	2 for £3.00	No		Cooking sauces and pastes	1	No		-2
Spinach, Mascarpone and Shallots	2 for £3.00	No		Cooking sauces and pastes	1	No		4
Beef in Ale cooking sauce	2 for £2.00	No		Cooking sauces and pastes	1	No		2
Egg fried steamed rice	2 for £2.00	No		Pasta/rice/noodles	1	No		0
Quinoa Tomato Basil Rice	2 for £3.00	No		Pasta/rice/noodles	1	No		-2
Tomato Ketchup	2 for £2.50	No		Table sauces and dressings	1	No		6
Apricot and Corriander Chutney	2 for £1.50	No		Table sauces and dressings	1	No		13
Beetroot Relish	2 for £1.50	No		Table sauces and dressings	1	No		9
Garlic cracker	2 for £1.70	No		Crisps and savoury snacks	1	No		8
Devon Custard	2 for £1.50	Puddings	1	No		No		3
Angel Delight Jelly Orange	2 for £1.00	Puddings	1	No		No		4
Tesco Pizza Base Mix	2 for £1.00	No		Cooking sauces and pastes	1	No		-3
Dr Oetker Blue Coloured Gel	2 for £2.00	No		No		No	N/A	
Chocolate Brownie Mix	2 for £3.00	Puddings	1	No		No		21
Cocoa Powder	2 for £4.50	No		No		No	N/A	
Chocolate Muffin Mix	2 for £4.50	Puddings	1	No		No		25
Cinamon Bun Kit	2 for £3.50	Puddings	1	No		No		13
Coca Cola	2 for £3.00	No		No		Yes	1	2
Diet Coke	5 for £1.50	No		No		No		0
Tesco Lemonade	2 for 70p	No		No		No		0

Fruit Splash Apple	2 for £1.80	No		No	No		0
Coconut Water Juice	2 for £4.50	Juice based drinks	1	No	No		0
Sparkling Strawberry Water	2 for £1.00	No		No	No		0
Still Apple and Raspberry Water	2 for £1.80	No		No	No		0
Mineral Water	2 for £1.50	No		No	No	N/A	
Robbinsons Orange and Pineapple	2 for £2.50	No		No	No		0
Lemon Orange and Pineapple Squash	2 for £1.40	No		No	No		0
Tesco Fruit and Barley Squash	2 for £1.50	No		No	No		0
High Juice Apple and Elderflower Squash	2 for £2.30	Juice based drinks	1	No	No		1 1
Tonic Water	2 for £2.30	No		No	No		0
Guava Lime and Ginger	2 for £2.00	No		No	No		0
Camomile Tea Bags	2 for £3.00	No		No	No	N/A	

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